

THE COMPASSIONATE FRIENDS

The Compassionate Friends, Inc., is a self-help organization offering friendship and understanding to all bereaved parents. TCF is non-denominational and all bereaved parents are welcome.

Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with understanding and with hope. Our children have died at all ages and from many causes but our love for our children unites us. Your pain becomes my pain as your hope becomes my hope.

We come together from all walks of life and many different circumstances. We are a unique family because we represent many races and creeds. We are young and we are old. Some of us are far along in our grief but others still feel a grief so fresh and so intensely painful, that we feel hopeless and see no hope. Some of us have found our faith to be a source of strength; some of us are struggling to find answers. Some of us are angry, filled with guilt, or in deep depression; others radiate an inner peace. But whatever the pain we bring to this gathering of

The Compassionate Friends, it is a pain we will share just as we share with each other our love for our children.

We are all seeking and struggling to build a future for ourselves, but we are committed to building that future together, as we reach out to each other in love and share the anger as well as the peace; share the faith as well as the doubts and help each other to grieve as well as to grow.

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Meeting Schedule

Meetings held at St. Paul Lutheran Church, 701 W. Palmetto Park Rd., Boca Raton
 First and Third Mondays of each month
 7:30 pm

December 5
 December 19

Coping with the Holidays
 Strengthening Family or Friend's Bonds

Gail Schroeder
 Ronda Fryburg

Special Days

First Name	Last Name	Child's Name	Birthday	Passing
Carol & Sidney	BERMAN	Richard (Rick), Son		12/1/95
Shelly & Les	SIGALE	Cindy Beth Brzica, Daughter		12/1/09
Faye T.	LANDAU	Karen, Daughter		12/2/98
Fran & Steve	LEVINE	Emily, Daughter	12/2/88	
John & Sandi	MANN	Paul, Son	12/2/78	
Mickie & Bob	OLIVA	Stephen, Son	12/2/94	
Bernice M.	ROTHSTEIN	Susan Ruth, Daughter	12/2/47	
Elaine	WEINSTEIN	Linda, Daughter		12/2/05
Lois & Michael	KRUL	Eric, Son	12/3/77	
Irena	GEGELSKY	Gene, Son	12/4/88	12/13/08
Joan	EFTIS	Sander Starr		12/6/10
Davin & Sarah	CLINE	Erica, Daughter	12/7/90	
Linda & Henry	SEELEY	George, Son		12/7/02
Marilyn & Len	WEINBERG	Steven, Son	12/7/59	
Frank & Palma	BRIGANTI	Christopher Seiffert,	12/9/77	
Bea	BROWN	Curt	12/9/64	
Joe & JoAnn	DeCANTO	Christopher, Son	12/9/77	
Romayne	MELNICK	Paul, Son	12/9/71	
Roberta & Peter	PACE	Gregory, Son	12/9/85	
Debbie & Jaime	RESTREPO	E. Jaime, Son	12/9/80	
Phil & Pam	MILLER	Jason, Son	12/10/77	
Trudy	SAKS	Brian, Son	12/10/67	
Janet	VOGEL	Jordan, Son	12/10/81	
Linda & Joe	HERBERT	Lori Rizk, Daughter	12/11/68	
Allison	HERBERT	Lori Rizk, Sister	12/11/68	
Jan & David	HUISMAN	Aaron Michael, Son		12/11/10
Maxine	ROSENBERG	Alex, Son	12/11/56	
Linda	DeMayo GAUS	Diana DeMayo, Daughter	12/12/86	
Fay	CHESKIN	Jake, Grandson		12/13/05
Mary	McCRACKEN	Leo, Son	12/13/74	
Judy & Gene	COOPER	Michelle, Daughter		12/14/05

Anabelle & Morris	MERVIS	Allen, Son	12/15/56	
Ed & Gail	BIERS	Bryan, Son	12/16/73	12/20/10
Bonnie	LAY	Ricky Jones, Son		12/16/06
Lois & Jim	MOHR	Leslie, Daughter	12/16/29	
Peter & Patricia	AURIGEMMA	Arianna, Daughter		12/17/08
Sandy	KIMMELMAN	Kurt, Son	12/19/61	
Marie	GIACALONE	Nico, son	12/20/75	
Jerry	FLAX	Brett, Son		12/21/05
Dory	MONAHAN	Kathleen, Daughter	12/21/84	
Patricia	MONAHAN	Kathleen, Niece	12/21/84	
Arnold & Myrna	EDELMAN	Barry, Son	12/22/65	
Amy & Jeff	MARKS	Brandon, Son	12/22/09	
Aimee	ZELMAB	Adam, Son		12/23/09
Bob & Phyllis	LEVINE	Melissa Ruth Brody,	12/24/98	
Bonnie Sue	LEVINE	Melissa Ruth Brody, Daughter	12/24/98	
Rosalind & Martin	FALKOFF	Gary, Son		12/25/06
Ernie	CREDIDIO	Robert, Grandson	12/26/86	
Emily	SIMON	Alan, Son		12/26/03
Susan & Ian	McLEOD	Tylee Noel, Daughter	12/27/84	
Karl	CALKIN	Jessica, Daughter	12/29/80	
Rudy & Jayne	DeBENEDICTIS	Bill Higgins, Son	12/29/54	
Frances	DRYER	David Paul Auslander, Son	12/29/48	
Helene & Steve	KRAFT	Jordan, Son		12/29/08
Larry	GROSSMAN	Gregg, Son		12/30/07
Nate	KIMBLETON	Melinda, Daughter		12/30/01
Gloria	RICHARDSON	Danielle Dunkley, Daughter		12/30/10
Stacia	SMITH	Danielle Dunkley, Sister		12/30/10
Kelly	TRAVERS	Agatha Oakley, Stepdaughter	12/30/00	
Hope	WIENER	Justin, Son		12/31/07

To Our New Members

At nearly every meeting, we welcome new members to our group, always with mixed emotions. We are glad you found us, but we are sorry for the circumstances that bring us together. We understand your pain and we hope our unconditional friendship and understanding will help you through your grief. Attending a meeting for the first, second or third time takes courage, but for many, it is the first step towards healing. The meetings may seem overwhelming, so we encourage you to come to several meetings to give yourself a chance to become more comfortable.

Cheryl McKenna, Son Ryan 7-30-83 4-8-11

To Our Old Members

We need your encouragement and support. You are the string that ties our group together and the glue that makes it stick. Each meeting, we have new parents. THINK BACK...what would it have been like for you if there had not been any "oldie" to welcome you, share your grief, and encourage you?

Telephone Friends...if you need to talk:

Gail Schroeder 561-901-0483
Jerry Flax 954-224-1973
Ronda Fryburg 954-753-0493
Dottie Kidd
954-562-5919
Scott Wynkoop
561-699-7869

HOLIDAY CANDLE

The soft glow of a memorial candle, the blaze from a Menorah, or the practical light from a lantern all have a special place during celebrations. Light a memorial candle in honor of your child at a certain time each day.

Spend a few moments in meditation, reflection or prayer.

Think about how your child added meaning to your life.

Before you retire for the night, blow out the candle and wish yourself a good night's rest.

Chapter Director.....Gail Schroeder

Chapter Assistant.....Dottie Kidd

Treasurer.....Ronda Fryburg

New Family Coordinator.....Walt Schroeder

Greeter.....Julia Pruccoli

Librarian.....Jerry Flax

Meeting Coordinator.....Gail Schroeder

Refreshment Coordinator.....Shelly Sigale

Newsletter Editor.....Gail Schroeder

Website Manager.....Scott Wynkoop

A Message from the Chapter

This is the time of the year when many bereaved parents start saying out loud what newly bereaved parents have been thinking for weeks and weeks, I am really dreading the holidays. **And why not?** When your grief is so new you haven't had the necessary time to accept life as it is for you now.

On the other hand there are those of us who have had the necessary time and the proper support, who are able to observe the holidays in a less painful way. We have kept some of those old traditions that warm our hearts and thrown out those that are either too painful or meaningless now. We have created a life that does include someone who was a vital part of who and what we were. We're different now, doing different things because losing a child forces you into that position, if you are to survive in an emotionally healthy way.

The words thankful and thankless follow one another in the dictionary; so close together in a book, yet so far apart in meaning. When you think about it, the difference between the two words is full and less. Those who have had more time have less in the way of family, but their lives do still have a fullness. They've learned to be thankful and to appreciate what they have left in the way of people and memories, more so than they ever thought possible.

As you approach this holiday season, if you haven't yet been able to make your adjustment, I hope you will feel what you must for now because whatever you are feeling is okay. It isn't until you have reached the place in your grief where the ability to make good choices returns to your life that you can make some important changes in how you approach the holidays.

I hope the transition from thankless to thankful will be soon in coming to you, for that will mean some peace has returned to your life. Above all, I do wish you peace during this holiday season.

I wish you more of the same in the New Year,

Fondly,

Gail

Annual Candle Lighting Ceremony

Wyndham Garden Hotel, 1950 Glades Road Boca Raton, Florida

Sunday, December 11, 2011

When a child has died, the whole world seems to be shrouded with darkness. Without that child, the holidays seem to be a time to dread rather than a time to celebrate as a new year approaches.

The Compassionate Friends invites you to join in a time to remember and a time to celebrate the lives of our children who left us too soon. The Compassionate Friends Worldwide Candle Lighting unites hundreds of thousands of people around the globe in honoring the memories of our precious children.

Seating begins at 4:30 pm. Parties with only reservations, not a sponsored table, need to arrive no later than **5:00 pm** to keep reserved seats. Sponsored tables families need to arrive no later than **5:15 pm**.

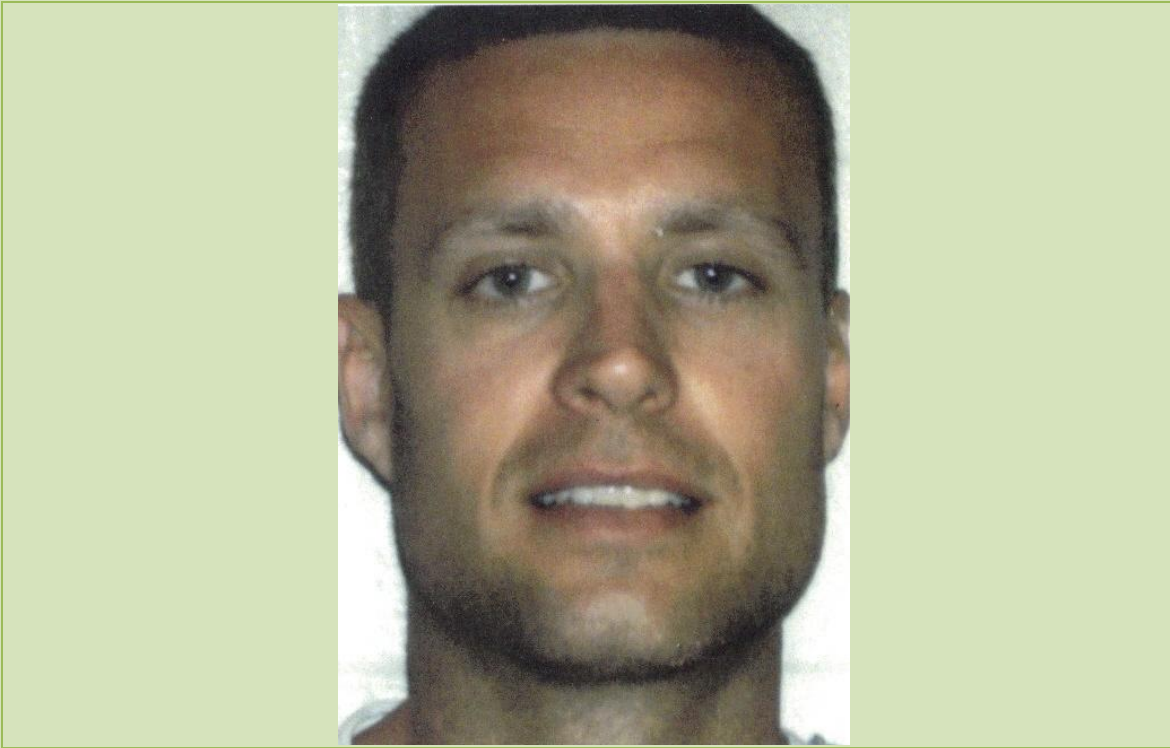
A memorial photo remembrance of our children is a big part of the event. If you already have submitted a picture from previous years, this picture will be included. If you wish to have a picture of your child included, email Tracey at traceyjnr@yahoo.com.

In addition, a remembrance table is provided for those of you who wish to bring a picture of your child that night. Please limit your photo to no larger than 5x7 to place on this table outside the ballroom.

I strongly urge you to make ahead reservations for any available seats left after sponsored tables are taken. Please call Dottie at 954-562-5919. ***Please note there is no guarantee that we will be able to accommodate large parties if a reserved table is not in place. We will take every effort to try to do so.***

Any further questions, please contact Gail at 561-901-0483

Nico Giacalone



12-20-75 08-27-11

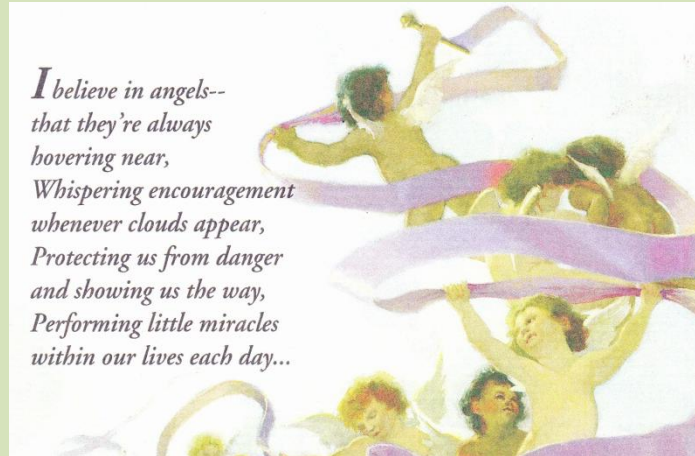
Today is your Special Day and 36 years ago I was the Happiest Mom ever! You have always been the light of my life –My Heart and Soul. I am so proud of the man you had become and the joy you brought to our family and friends.

I Love and Miss You more than words can ever describe. Son, you are missed by so many people – you radiated a strength we all really need and somehow, someday, please help us by sharing that strength with us.

I have to trust that God has a Special Plan for You. I thank God for all the times we had together and will cherish all of our wonderful memories. You have blessed me in so many ways, by being the loving son that touched my life and by giving us the gift of Emarie. You live on through her and looking at her is like looking at you. Stay close to me my boy! May you fly with the angels and spread your love in heaven.

Until I see your handsome face again, I will hold you always in my Thoughts, Prayers and Forever in My Heart.

***Love You More Than the World is Round XOXOXOXOXO
Mom***



*I believe in angels--
that they're always
hovering near,
Whispering encouragement
whenever clouds appear,
Protecting us from danger
and showing us the way,
Performing little miracles
within our lives each day...*

My Dear Beautiful Cindy,
YOU are my ANGEL.... You are my 1st born ANGEL
My prayer was answered when you arrived,
And now you are my ANGEL from the other side.....

It's now 2 years long without hearing your ringing, singing
Voice. Just know that I KNOW I HEAR & FEEL YOU IN
MY HEART EACH & EVERY DAY.
Love, Your "Mommy"



Cindy Bethy Brent-Brzica
1/29/1969 to 12/01/2009

Angels in Heaven

We have angels in heaven
Who look down on us here
while the world all around us says
"Be of good cheer!"

Everyone else is bustling about
We simply watch it go by,
yet we just want to shout~
Don't you know it's not merry
at this time of year,
when our lives feel so empty
and our eyes fill with tears.

We can't bear the thought of another holiday
without our precious loved one
who was taken away.
But your child's spirit does live on,
though their physical being may be gone.
Look around and you will see
their soul lives on in your memory.
You'll see your child's eyes so bright
In every twinkling holiday light.

There are angels in heaven
Who look down on us here
And they are trying to tell us,
Don't worry we're near!
We love you and miss you,
we'll never be far...
Just look to the sky
and the bright stars.

Take a special moment
throughout these blessed days
to remember me in the kindest of ways...
Give my smile to a person,
who needs it like you,
and my spirit will live on
through the things that you do.

Tammy L. Tobac 1993

LOW FAT, LITE HOLIDAYS

Darcie D. Sims, Ph.D., CHT, CT, GMS

I'm tired of LOW FAT. I'm tired of FAT FREE. I'm tired of thinking rice cakes are good! (They're NOT the same as Oreos!) I'm tired of trying to be creative in my thinking, my eating, my living; and I'm tired of dreading the holiday season. In fact, I'm just plain TIRED!

The holidays are here!! I think they actually start right after the 4th of July because that's when the clothing ads feature sweaters and winter coats. WHO can think of wearing WOOL when it's 103! AM I CRAZY or is the rest of the world nuts?!

I'm tired of dreading almost half of each year because some marketing expert thinks it would be "cute" to have Jingle Bells echoing through the frozen food section in the middle of August. If I have to start thinking HOLIDAY in July, and it takes more than a few weeks to "recover" from The Holiday Season after it's over, then I really am spending almost half of each year coping with the holiday blues. And I'm TIRED of THAT! Most people think THE HOLIDAYS start sometime in November, but for me, they never really stop. I can get depressed any time of year and blame it on the holidays (except for the month of August- there are no holidays in that poor month, but just being August is reason enough to be depressed.) My reds and greens can turn to blue at any moment. It only takes a few notes of a song, a whiff of REAL food (low fat does not smell heavenly) or a trace of a memory to send me into the dumps.

We can recycle pain ANYTIME, but somehow, once the displays are up in the stores and the weather turns cooler than before, the downhill slide towards THE HOLIDAYS intensifies. By Halloween, I'm bracing for THOSE days and by Thanksgiving, the thought of being cheery is often simply too much to bear. Gifts? RIGHT! What could I possibly find, wrap, give or get that would lighten THIS load? Icicles form around my heart and THE holidays are only colored with despair. I've forgotten where I stashed the gifts I did manage to buy during the sidewalk sales last summer, and that recipe for low fat fruitcake was copied down and promptly misplaced (for which my family and friends SHOULD be eternally grateful!)

By November, I've run out of options, however, and no matter how creative I am, there is no denying the approach of THOSE DAYS when the rest of the world looks far happier than I have been or will ever be. I'm tired of LOW FAT substitutes for happiness. I'm tired of bracing for the memories that flood back to better times and for fearing the sights and sounds that only serve to remind me of what isn't anymore.

CAN ANYONE STOP THE HOLIDAYS PLEASE? CAN ANYONE FIND A FAT SUBSTITUTE THAT REALLY TASTES LIKE MOM'S PUMPKIN PIE? CAN ANYONE FIGURE OUT A CURE FOR THE PAIN OF THESE MEMORIES? Probably not. So, as long as we are stuck with the approaching holidays and as long as we remain determined to be healthy and keep up the good low-fat fight, what can we do to turn this season of despair into a season of hope? Where are the beacons of light (recipes?) that make low fat anything acceptable? Handling the holidays is not deciding how to eliminate the fat, the pain, the memories from our lives, but rather, learning how to LIVE WITH THE HURT INSTEAD OF BEING CONSUMED BY IT.

📖 **BE PATIENT WITH YOURSELF.** Know that hardly anyone is as happy as you think they might be. We all have our hurts to hide. We are always in a hurry. We want things to BE BETTER NOW. Do what you can this season and let it be enough.

📖 **BE REALISTIC.** It will hurt, especially if there is an empty chair at the table. Don't try to block bad moments. Be ready for them. Lay in a supply of tissues (a roll of toilet paper is more efficient). Anticipation is often far worse than reality. Let those hurting moments come, deal with them and let them go.

📖 **LEAVE** the word OUGHT out of this holiday.

📖 **PLAN AHEAD.** Grieving people often experience a lack of concentration. Make lists. Prioritize everything. Decide what is really important. (Breathing and potty time rank right up there!)

📖 **REDEFINE EXPECTATIONS** of self and others. Be honest in what you expect to be able to do. We live in a world of OUGHTS and SHOULDs and suffer from guilt because we cannot meet our own expectations.

📖 **BE KIND AND GENTLE TO SELF.** Figure out what you SHOULD do, balance it against what you are CAPABLE of doing and then COMPROMISE. Forgive yourself for living when your loved one died.

📖 **LISTEN TO YOURSELF.** Find the quiet space within where all the answers live. As you become aware of your needs, tell family members and friends.

📖 **KEEP SOME TRADITIONS.** Choose which ones. Don't toss out everything this year. You can always try changing a routine. Try whatever pops into your head. You can always scrap it if it doesn't work.

📖 **TAKE CARE OF SELF PHYSICALLY.** Eat right (toss some chocolate chips into the oat bran; gift wrap some broccoli; ban low fat for 1 glorious meal!) Exercise (or at least watch someone else). Jog your memory!

📖 **HOLD ON TO YOUR POCKET BOOK & CHARGE CARDS.** You can't buy away grief, although you might be tempted to try.

📖 **SCREEN ALL HOLIDAY ACTIVITIES:**

★ Will it be the holidays without it?

★ Why do you do this activity?

Tradition, habit, obligation?

★ Do YOU have to do this, or can others do it for you?

★ Do you LIKE doing it?

★ How could this activity be done differently

📖 **GIVE YOURSELF THE GIFT OF EMOTIONS.** Put the motion back into the emotions. Toss a Nerf brick when you're angry or pound a pillow.. Find a way to express the intensity of your feelings in a PERSONALLY NON-DESTRUCTIVE WAY.

📖 **BUY A GIFT FOR YOUR LOVED ONE.** Give it away to someone who would otherwise not have a gift. It is the giving, the exchanging of love that we miss the most. When you share love, it grows.

🕯️ **HANG THE STOCKINGS. PLACE A WREATH ON THE GRAVE.** Do whatever feels **RIGHT** for you and your family.

🕯️ **SHARE YOUR HOLIDAYS** with someone -- anyone. Ride the ferry, visit a soup kitchen or nursing home, spend an evening at the bus station. There are lots of lonely people who could use your love and caring.

🕯️ **WORK AT LIFTING DEPRESSION.** Take responsibility for self. We cannot wait for someone else to wrap up some joy and give it to us. We have to do that for ourselves. Think of things you enjoy and give yourself a treat. (ONE cookie will NOT cause mounds of fat to be deposited on your hips- a dozen, however, might!)

🕯️ **UNDERSTAND THAT HEARTACHES WILL BE UNPACKED** as you sift through the decorations, but so too are the warm, loving memories of each piece. Don't deny yourself the **GIFT OF HEALING TEARS.**

🕯️ **ASK FOR HELP.** Make a help-on-a-stick sign and stand on the porch, waving it. Someone will notice (but may not stop. Just because you ask for help does not guarantee you will get some, but if you never ask, no one will ever know how much you might need a hug.)

🕯️ **LEARN TO LOOK FOR JOY IN THE MOMENT.** Learn to celebrate what you do have instead of making mental lists of what you're missing. Change the way you look at things.

🕯️ **LIGHT A SPECIAL CANDLE-** not in memory of a death, but in celebration of a life and a love shared! **NEVER FORGET THAT ONCE SOMEONE LOVED US AND WE LOVED BACK. NO ONE CAN DENY THAT GIFT EXCHANGE!**

🕯️ **LIVE THROUGH THE HURT** so **JOY CAN RETURN TO WARM YOUR HEART.** I'm tired of **LOW FAT LIFE** and I'm tired of dreading the approaching holiday season. I can't live with my entire being focused on fat grams and painful memories. So, since I can't eliminate fat completely and if I get rid of the memories, I must also get rid of the remembered joy, I'll just have to do what I can and forgive the rest. The holidays are survivable just as fat is manageable. I'll have to run a few more miles and shed a few more tears, but I'm not going to let yesterday use up today and if I do find something wonderful to eat or a terrific memory to cherish, I'll enjoy them all.

I will not allow fat or pain or fear or sadness to ruin the entire season. It may not be the same as before we became health conscious or bereaved, but whatever **IS CAN BE SOMETHING** and that just may be the beacon of hope in this season of despair.

Grab the fruitcake and the low fat turkey and get moving to the rhythms of this holiday season- the season where love and memory lighten the heart and chase the gloom. Skip the fat, shed the tears, light the candle and find the light. Make this holiday season full of **LITE** and **LIGHT** and **LOVE: the best seasoning of all!**

Helpful Non-Profit Sites

[AARP](#) - American Association of Retired People Grief & Loss Site

[A.G.A.S.T](#) -Support Group for Grandparents

[Alive Alone](#) - for the education and charitable purposes to benefit bereaved parents.

[Angels for Hope](#) - We crochet angels and butterflies that are sent out all over the world upon request to those who are severely injured, chronically ill, and their caregivers or just someone that needs hope free of charge. We are now offering Smiley Faces for Hope for children also.

[Baby Steps](#) - Support for those on the long road to recovery from the loss of a baby.

[Bereavement Poems-Articles](#) - A site with helpful poems and articles on grief.

[Center for Loss in Multiple Births](#) - We are parents who have experienced the death of one or more, both or all of our twins or higher multiples at any time from conception through birth, infancy and childhood.

[Centering Corporation](#) - dedicated to serving the needs of those healing from loss.

[Comfort Zone Camps](#) - Comfort zone camps are for children who are dealing with all kinds of grief. Death of parent, sibling or any type loss.

[COPE \(Connecting Our Paths Eternally\)](#) is a non-profit grief and healing organization dedicated to helping parents and families living with the loss of a child.

[Fallen Heros Memorial](#) - an online memorial for all of the fallen service members of Operation Iraqi Freedom and Operation Enduring Freedom.

[Fernside.org](#) - A Center for Grieving Children

[GRASP Grief Recovery After a Substance Passing](#) - provides sources of help, compassion and most of all, understanding, for families or individuals who have had a loved one die as a result of drugs .

[Grieving for Babies](#) - Guides families and professionals towards understanding a grief caused by death of a baby during pregnancy, at birth and in the first few months of life.

[In Loving Memory On Line.](#) - 'Loving Memory is an organization dedicated to helping parents cope with the death of their only child or all of their children.'

Infants Remembered In Silence, Inc. - A site offering support, education and resources on the death of a child in early pregnancy (miscarriage, ectopic pregnancy etc.), or from premature birth, stillbirth, neo-natal death, birth defects, sudden infant death syndrome (SIDS), illness and all other types of infant and early childhood death.

Living with Loss Magazine: Hope and Healing for the Body, Mind and Spirit (formerly known as Bereavement Magazine) features articles, stories, poems and bereavement resources, cards, gifts and booklets for the bereaved by grief educators and presenters, facilitators and caregivers, authors and writers, and most important the bereaved themselves.

Missing GRACE Foundation - Missing **GRACE** Foundation's mission is to provide resources and support for families that have experienced: pregnancy loss, infant loss, infertility or adoption and to advocate for comprehensive, patient-focused prenatal care for all women. Five core areas encompass the heart of the mission: **G**rieve, **R**estore, **A**rise, **C**ommemorate and **E**ducate.

National Organization of Parents of Murdered Children, Inc. - (E-mail) A self-help group dedicated solely to the aftermath and prevention of murder.

National SIDS & Infant Death Program Support Center

Our Children's Memorial Walkway - A positive place to remember our children

Share - Pregnancy & Loss Support, Inc.

Sibling Connection, The - Resources for Bereaved Siblings

Silent Grief. - "Support for All Who Have Suffered Miscarriage and Later Child Loss"

Sudden Infant Death Network - A World of Information & Support

Taps - The Tragedy Assistance Program for Survivors, Inc. (TAPS) provides a wide variety of programs and information to survivors, military and casualty personnel

Memorial Sites

www.tcf-br.com Provides a permanent wall of memory to customize for remembrance

www.childrensmemorialandgarden.org – A site to promote places of beauty and serenity where all who grieve the loss of a child may come to find solace, comfort, and peace no matter what their affiliation to God and to unite the community, locally and nationally, through a renewal of a shared commitment to preserve, protect, and promote the well-being of children in our care.

[Gone Too Soon](#) - Create an everlasting tribute to someone close to you whom you have lost.

[The Halo Garden](#) – Hosts a collection of memorial website links, butterfly dedications, poetry, grief resources, and much more.

[Lasting Tribute](#) — Where you can dedicate a star to a baby or young child who has died. Every twinkling star in our night sky represents a baby or child who is no longer with us.

www.memoryjar.org – This is a site for sharing memories and information.

www.memory-of.com – Many touching memorials and help to set up your own memorial.

www.stillborn-angels.memory-of.com – This is a good site for information and memorials focused on stillborn deaths.

www.victims-of-violence.memory-of.com – Many touching memorials focused on violent deaths and help to set up your own memorial.